

Sitan Tai Chi 2022 Class Schedule

7/5-8/26

Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
8:30 - 9:30 Kung Fu Fan** 48 Form Tai Chi ***	8:30 - 9:30 Tai Chi Group practice	8:30 - 9:30 Health Qigong	8:30 - 9:30 Tai Chi Group Practice		9:30 - 10:30 Yang Style Tai Chi* 42 Form Tai Chi *** 42 Sword ****
					10:30 - 11:30 Tai Chi Group practice
					1:00 - 2:00 Basic Tai Chi 8 form, 24 form
	5:00 - 6:00 Yang Style Tai Chi* 42 Form Tai Chi *** 42 Sword ****			Qigong Master class with guest Professor from China. One Friday in March, June, September and December TBA!	
	6:00 - 7:00 Tai Chi Group practice				

For Adult Class	1 month	3 month	half year	1 year
Instructive class Once a week	\$125	\$315	\$590	\$1,135
Instructive class Twice a Week	\$210	\$590	\$1,010	\$1,855
Group practice class Unlimited		\$210	\$380	\$685
Qigong Master Class Event Quarterly		\$55	\$70	\$120
All in one		\$735	\$1,430	\$2,520

* Sun Style Tai Chi : January through April
 *** 42 Form Tai Chi : May through August
 **** 42 Sword : September through December